

**MARCH**

**GROUP  
EXERCISE**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 10:30-Sit & Fit- Debbie 5:30-CT/Abs- Kelly S 6:30-Easy Yoga- Diane	2 10:30-Line Dancing- Holly 11:30-Chair Pilates- Suz	3 9:15-Lift & Tone- Dan 10:30-Sit & Fit- Dan	4 10:15-Yoga- Erin
6 10:30-Sit & Fit- Marcella	7 9:15-Lift & Tone- Valerie 10:30-Chair Pilates-Suz 6:30-Lift & Tone- Krista F	8 10:30-Sit & Fit- Jen 5:30-CT/Abs- Kelly S 6:30-Easy Yoga- Diane	9 10:30-Line Dancing- Holly 11:30-Chair Pilates- Suz	10 9:15-Lift & Tone- Terry 10:30-Sit & Fit- Debbie	11 10:15-Yoga- Diane
13 10:30-Sit & Fit- Marcella	14 9:15-Lift & Tone- Jen 10:30-Chair Pilates-Suz 6:30-Lift & Tone- Geri	15 10:30-Sit & Fit- Jen 5:30-Boot Camp- Candice 6:30-Easy Yoga- Erin	16 10:30-Line Dancing- Holly 11:30-Chair Pilates- Suz	17 9:15-Lift & Tone- Marcella 10:30-Sit & Fit- Debbie	18 10:15-Yoga- Geri
20 10:30-Sit & Fit- Marcella	21 9:15-Lift & Tone- Marcella 10:30-Chair Pilates-Suz 6:30-Lift & Tone- Karen	22 10:30-Sit & Fit- Jen 5:30-Boot Camp- Candice 6:30-Easy Yoga- Diane	23 10:30-Line Dancing- Holly 11:30-Chair Pilates- Suz	24 9:15-Lift & Tone- Dan 10:30-Sit & Fit- Dan	25 10:15-Yoga- Erin
27 10:30-Sit & Fit- Marcella	28 9:15-Lift & Tone- Jennifer 10:30-Chair Pilates-Suz 6:30-Lift & Tone- Karen	29 10:30-Sit & Fit- JEN 5:30-Boot Camp- Candice 6:30-Easy Yoga- Diane	30 10:30-Line Dancing- Holly 11:30-Chair Pilates- Suz	31 9:15-Lift & Tone- Terry 10:30-Sit & Fit- Dan	